

Grief Support Group

**1st and 3rd Thursday of each month
12:00 – 1:30 PM**

This support group is sponsored by Cape Fear Valley Hospice and is open to anyone that has experienced the death of a loved one. It is specifically designed to deal with losses that have occurred within the last 12 months. However, those with losses that exceed 12 months are also welcomed and encouraged to attend. The goal of this group is to introduce those who are bereaved to some helpful tools for working through their individual “***grief process***”. Those who are interested in attending may join the group at any time.

Contact Chaplain Teresa Strickland@910-609-6710

1830 Owen Drive Suite 203 (Bordeaux Shopping Center)

Professional Offices

Fayetteville, N.C. 28304



**CAPE FEAR VALLEY
HOMECARE & HOSPICE**