

Volume 1, Issue 2

October 2006



'WORKING TOGETHER TO MEET MENTAL HEALTH NEEDS'

Providers' Times

From Your LME

From the Housing Specialist:

In July 2006, the North Carolina General Assembly created a new endeavor called the **Housing 400 Initiative**. This Initiative is designed to increase the supply of "independent and supportive living apartments for persons with disabilities" that are affordable to persons with incomes at the level of Supplemental Security Income (SSI). To make this goal a reality, \$10,937,500 was allocated to the North Carolina Housing Finance Agency (NCHFA) for the development of rental housing and \$1,205,000 was allocated to the North Carolina Department of Health and Human Services (DHHS) to provide rental assistance for 400 of the units financed by NCHFA under the Initiative. NCHFA plans to make capital funds available through two programs: The Housing 400 Initiative Supportive Housing Development Program (SHDP 400) and The Housing 400 Initiative Preservation Loan Program (PLP 400) **A Letter of Intent is requested by November 15, 2006 from applicants who plan to apply for SHDP 400.** For more information about SHDP 400, please contact NCHFA Supportive Housing Program Staff: Mary Reca Todd (919) 877-5672 mrtodd@nchfa.com; Michael H. Mittenzwei (919) 877-5654 mmittenzwei@nchfa.com; Candace H. Stowell (919) 877-5633 chstowell@nchfa.com. For more information about PLP 400 or Targeting Plan Units in the LIHTC Program, please contact NCHFA Rental Development: Staff: Scott Farmer (919) 877-5641 bsfarmer@nchfa.com; Mark Shelburne (919) 877-5645 mshelburne@nchfa.com

A copy of the complete Housing 400 Initiative Summary and the letter of Intent can be found on the CCMHC website under Provider Information.

From UM/UR:

An individual's Target Population determines that individual's eligibility for services. It is therefore important that Target populations are accurate and kept up to date. The clinical home clinician is responsible for maintaining the target population and it is important that when it is completed and updated that the eligibility criteria for the target population is met by the individual. New on the CCMHC website under Provider Information, you will find Tracking and Eligibility forms for both the child and adult populations as well as a procedural memo. Your agency is not required to use these forms, but must have a standardized form that captures all of the information required as outlined in the procedural memo. **Please read this memo carefully.**

Effective immediately if you are **not a licensed provider** please use the generic therapist number given to your agency on all billing, transfer and authorization requests. Do not continue to use an your individual number if you were previously assigned one. If you are a licensed professional you will use your assigned individual therapist number.

From the NC-SNAP Coordinator:

NC-SNAP Procedures are now on the CCMHC website under Provider Information, subtitle NC SNAP. Find answers to these and other burning questions: When do I complete an NC SNAP assessment? Where do I turn it in? Do I turn in the original or a copy? Contact Rose-Ann Bryda @ (910) 222-6074 if you do not find the answer to your question in this document.

Inside this issue:

From Your LME	1
From Volunteer Services	1
Training Resources	2
Training Resources	3
Hot Off the Press	4
Just so you know	4
Got News???	4

From Volunteer Services

Remember that all requests for assistance for either Thanksgiving or Christmas for your needy consumers must be submitted to CCMHC Volunteer Services by October 31, 2006 to be considered. If you have questions please contact Deborah McMillan @ (910) 222-6451. All donations are appreciated and should be made out to "Cumberland County Mental Health Auxiliary."

Training Resources, Workshops and Conferences:

- Mark your calendars for the NC Council on Developmental Disabilities series called "We can Get There from Here" focused on how we can get "best practices" for services for people with DD and their families in the community. Locations and dates are: December 7-8, Greenville; December 11-12, Asheville; January 8-9, Raleigh. For more information contact the DD Council at 919 420-7901 or 1-800-357-6916
- CPI 5th Annual Building Inclusive Communities Conference" Changing how we think. Thinking how we change." will be held November 3, 2006 at Royal Banquet & Conference Center, Raleigh, NC. Registration information will be available soon. For more information, call 919-781-3616, ext. 235, or email Kathig@compart.org Community Partnerships, Inc. website <http://www.compart.org/>
- The first *Advocating for Mental Health* workshop will take place on Friday, November 3, 1:30 - 5:30 PM, at the UNC-CH School of Social Work, and will focus on mental health reform. For information on the entire series go to: <http://ssw.unc.edu/jif/cls/index.html#advocacy>
- CARES, the Center for Aging Research and Education and Services School of Social Work in collaboration with the North Carolina Division of Aging and Adult Services presents workshops and trainings of interest to mental health care providers throughout the state. You can find their FY2006/2007 Training Calendar at: <http://ssw.unc.edu/cares/2006-07calendar&descriptions.pdf>
- The Caswell Center in Kinston, NC is hosting the 4th Annual Conference on Aging on November 2 and 3, 2006. For a brochure on the event, go to: www.caswellcenter.org
- Seventh Conference of the International Expressive Arts Therapy Association in conjunction with North Carolina Arts for Health presents: *The Expressive Arts and the Earth*, May 23 through May 27 at the Broyhill Inn and Conference Center Appalachian State University in Boone, NC for a brochure on the event go to: <http://www.ieata.org/main/experience/conference.html>
- Charlotte AHEC will present Cultural Competence: Moving from Illusion to Reality On February 9, 2007. For more information and to register contact Ken Doan, (704) 512-6517 or go to: http://www.charlotteahec.org/ce/program_schedule/details.cfm?EventID=18306
- *Trauma-Focused Cognitive-Behavioral Therapy* is a free web-based learning course with step by step instructions and video clips in different areas. This is a self paced learning course. If interested go to: <http://tfcbt.musc.edu/>

Training Resources, Workshops and Conferences

- “Partners in Wholeness: Congregations and Health Care” a conference designed to provide information on health care and to equip people of faith to work through their congregations for healing and wholeness. The conference is October 26, Calvary United Methodist Church, Durham, NC, 8:30 AM – 3:45 PM. More information and directions can be found online at www.nccouncilofchurches.org.
- In conjunction with the Latin American Women’s Club, MHA/NC presents *Living More, Living Better*, a conference focusing on mental health for women of the Spanish speaking population. The conference will take place Saturday, November 18th at the Commons Building, 4011 Carya Drive, Raleigh, NC. For more information, or to register, contact Nora Hernández, MHA/NC Hispanic/Latino Outreach Coordinator at 919-981-0740 ext. 296 or at nhernandez@mha-nc.org. Or visit www.mha-nc.org/hispanic-latino.htm.
- Northwest AHEC is hosting the 19th Annual State wide Community Support and Targeted Case Management Conference on November 8 & 9, 2006 with a pre-conference on November 7, 2006. It will be held at the Benton Convention Center, Winston-Salem, NC. For an informational brochure on the conference go to: <http://northwestahec.wfubmc.edu/brochures/061107.pdf> or contact Debbie Webster at 919-715-2774 or debbie.webster@ncmail.net. The NC Division of MH/DD/SAS sponsors the conference.
- North Carolina TASH (formerly known as The Association for Persons with Severe Handicaps) will be hosting their annual convention November 29, 30, and December 1, 2006 at the Marriott Hotel in Winston-Salem. This year’s theme, “Transforming Practice, Restoring Lives” will feature speakers Tom Nerney and Pat Carver. For more information, and to register, visit the <http://www.nctash.com/tash-brochure-2006.pdf>
- The fall 2006 NC Finance and Reimbursement Officer’s Association Annual Conference (NC FARO) for LME's and Private Providers of MH/DD/SA Services will be held November 12-15, 2006 in Asheville, at the Renaissance Hotel. See website: www.ncfaro.org for more information.
- The 16th Annual Assistive Technology EXPO "Assistive Technology or Life" will be held November 30 - December 1, 2006 at the North Raleigh Hilton Raleigh, NC. For further information visit: <http://www.pat.org/EXPO/index.html>
- Are you are a Community Support Provider looking for the required 20 hours of training for your staff? – TIP has the Solution! A three-day training package earns the following required training hours: 6 hours of required *community support service definition* training 6 hours of required *person-centered thinking* training. 3 hours of required *crisis planning* training. 3 hours of training in *client rights*. Visit the Council’s website for dates, times and information: www.nc-council.org/Members/AM/Template.cfm?Section=Home

HOT OFF THE PRESS

Effective immediately persons completing the NC-SNAP assessment are no longer required to obtain or enter the Social Security Number. Read all about it in a memo from Mike Mosley titled "Identify Theft, Social Security Number and the NC-SNAP Database" on the CCMHC website under Provider Information.

HUGE YARD SALE!

The Cumberland County Mental Health Auxiliary will have a HUGE Yard Sale at the 109 Bradford Avenue location (the corner of Hay Street and Bradford Avenue) Saturday October 21, 2006 from 7:00 am to 12:00 pm. For more information call Deborah McMillan at (910) 222-6154

The Sherri Arnold Graham Foundation (A Ministry for Breast Cancer Awareness & Support) will sponsor a Mobile Mammography Outreach November 9, 2006 9:00 am to 3:00 pm at Westwood Shopping Center. Available for both insured and uninsured women over 35. Pre registration is required. Call 223-7420

Got News???

Items for the *Providers' Times* should be received by Rose Ann Bryda on or before the 25th of each month for the next month's newsletter. Submission guidelines for the Newsletter may be found on the CCMHC website.

Just So You Know

- ⇒ **NEED A RIDE?** The Community Transportation Program offers transportation to medical appointments for residents of Cumberland County who are 60+ years of age or disabled. Call 910-678-7619 for more information.
- ⇒ The Cumberland County Partnership for Children is participating in the Annual Belk Charity Day Sale. This event takes place on October 27th and 28th at the Belk store. Tickets are now available for \$5. Use these tickets to save an additional 20% off all regular or sale priced merchandise for the two days and on Saturday the 28th from 8 am to 1 pm to save \$5 off any \$20 purchase. Finally, use the ticket to enter to win a \$2,000 shopping spree. Please contact Pamela Howser, Events Volunteer Coordinator (867-9700, ext. 509) if you would like to buy a ticket or if you would like some to sell to family or friends.
- ⇒ Special Olympics Basketball Information is now available on the web. You may access it by visiting: www.sonc.net. 1. Click on local programs and select Cumberland County from the drop down menu. 2. Go to the November page and select (click on) the appropriate event 3. All forms associated with the event are available to download. Please remember the registration deadline is November 17, 5:30 PM. If you have any questions or to obtain a physical form, please contact Jamie Crayton Scroggins, Director, Gilmore Therapeutic Recreation Center and Coordinator, Special Olympics Cumberland County at 433-1000 ext. 1567, jcrayton@ci.fay.nc.us
- ⇒ The National Mental Health Association (NMHA) invites mental health consumers in NC to tell their story and participate in the NMHA *Real Lives* project. *Real Lives* aims to promote these connections by creating an online venue for individuals to share personal stories about mental health issues and the challenges and triumphs they've experienced. The deadline for submissions is October 27, 2006. To participate log on to www.nmha.org/reallives/. If you have any questions or concerns, please contact NMHA at reallives@nmha.org.
- ⇒ Back to school can mean back to an environment of stigma for high school students who have mental illnesses. The SAMHSA Resource Center to Address Discrimination and Stigma Associated with Mental Illness (ADS Center) is working to counter stigma, and has hosted two training teleconferences that provide information to help students, parents, teachers, administrators, and health professionals: 1. *Debunking the Myths: Overcoming Stigma and Discrimination Toward Students with Mental Illnesses in Secondary School Settings* 2. *Training Educators to Eliminate Stigma and Discrimination in High Schools*. To download complete presentations and listen to the audio recordings, visit the ADS Center Web site at <http://www.stopstigma.samhsa.gov/archtel.htm>. Instructions for play and download are listed on the Web site.
- ⇒ North Carolina Substance Abuse Website <http://drugfreenc.org/> has been completely redesigned to make it EASY to find out virtually anything about substance use, abuse, prevention, and treatment. You'll find it is very user friendly and provides information for parents, teens, educators, NC residents, and more.
- ⇒ The Mental Health Association of North Carolina's September Policy Update includes information and updates on adult care homes, the legislative oversight committee, Medicaid Part D, and other mental health topics and can be found at: <http://www.mha-nc.org/september1906.pdf> In addition look up their newsletter *The Mental Health Association E-Advocate*, for lots of event information at: <http://www.mha-nc.org/publications.htm>

October is Mental Illness Awareness Month and Breast Cancer Awareness Month