

Volume 1, Issue 5

January 2007



'WORKING TOGETHER TO MEET MENTAL HEALTH NEEDS'

# Providers' Times

## From Your LME

In order to be able to click on links in our newsletter to take you to a specific site, you must have the most recent version of Adobe, (Adobe 8.0). A free update is available online at the Adobe: <http://www.adobe.com/>.

### Public Forums

Cumberland County Mental Health Center's Consumer and Family Advisory Committee and NAMI Cumberland County will host two Public Forums for input into Cumberland County Mental Health Center's new Local Business Plan:

**Monday, January 29,**

**2007 6:00 p.m. to 7:30 p.m.**

**Child and Family Mental Health Services Building**

**711 Executive Place, Fayetteville**

**And**

**Monday, February 5, 2007**

**12:00 p.m. to 1:30 p.m.**

**Pate Room, Headquarters Library**

**300 Maiden Lane, Fayetteville.**

For more information contact Sharon Yates at (910) 222-6108

### Don't Miss It

Mindy McNeely, MA of the Center for Urban Affairs NCSU will present a NC TOPPS "Train the Trainer" program at Cumberland County Mental Health Center, 711 Executive Place on February 13, 2007 from 9:30 am to 12:30 pm in room 426. The training is open to all mental health and substance abuse providers. Space is limited and we may need to limit attendance to only one Qualified Professional per agency. Registration is required. To register you may call Rose-Ann Bryda at 910-222-6074 or email her at [rbryda@mail.ccmmentalhealth.com](mailto:rbryda@mail.ccmmentalhealth.com). Please send your name, agency name, telephone number and email address.

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The March deadline for obtaining your NPI number and submitting it to DMA and the LME is fast approaching. For more information go to: <http://www.dhhs.state.nc.us/dma/NPI.htm>

Remember compliance with timelines for NC SNAP and NC TOPPS submissions are part of your agency's obligation as a service provider. NC SNAPS are due at least annually and must be submitted to the LME. NC TOPPS data is submitted electronically directly to the state needs to be done at the initiation of service at 3 months, 6 months, 9 months, 12 months and every 6 months thereafter as well as at time of transfer and discharge.

## Training Resources, Workshops and Conferences:

- New February and March training dates for TIP – Training in Innovation and Practice have been set for Raleigh. The three-day training packages (February 19,20, 27 and March 12,13, 22) **will allow providers to earn the following required training hours:** 6 hours of required community support service definition training; 6 hours of required person-centered thinking training; 3 hours of required crisis planning training; 3 hours of training in client rights. Participants will be provided with specific guidance for earning an additional two hours of approved on-line training to fulfill the twenty hour requirement for community support providers. To register go to: [www.nc-council.org](http://www.nc-council.org) and click on “February and March TIP Calendar Flyer.” For more information contact Lisa Rowland or Michael Owen at (919) 327-1500.
- Project STAR at Carolinas Rehabilitation presents: *Beyond Tomorrow-Planning for the Future*. This workshop is designed to help family caregivers of persons with brain injury begin to plan for the time when the family caregiver can no longer provide care. It will be held Friday, March 9, 2007 at Siler Presbyterian Church, 6301 Weddington-Monroe Road, Wesley Chapel, NC 28104. There is no charge for attending this workshop but registration is necessary in order to plan for lunch and handouts. For additional information or to register by phone you may contact Project STAR at 705-355-4354 or 704-355-1502 or Toll Free at 1-877-962-7246. To register by email please contact Peggy Philbrick at: [peggy.philbrick@carolinashealthcare.org](mailto:peggy.philbrick@carolinashealthcare.org) For registration form and further information go to: <http://www.dhhs.state.nc.us/mhddsas/tbi/beyond.pdf>.
- The NC Council of Community Programs and the LME Academy are sponsoring training for Community Support providers and interested LME staff. This training is called "Critical Issues for Community Support Providers", and will be held on February 9 and February 12, 2007 at the NC Council Conference Center at 3801 Hillsborough Street, Raleigh. To register go to: [www.nc-council.org](http://www.nc-council.org) and click on "Critical Issues for Community Support Providers Flyer"
- The American Association of Community Psychiatrists in conjunction with SRAHEC will present: *Clinical Update 2007 & AACP Winter Meeting* February 22 and 23, 2007 at Pinehurst Resort & Country Club in Pinehurst, NC. For a brochure on this meeting and registration information please go to: <http://www.southernregionalahec.org/professionals/pdf/ClinicalUpdate2007.pdf>
- Southern Regional AHEC will hold training: *Community Support Services* on March 15, 2007 at Southern Regional AHEC, 1601 Owen Drive, in Fayetteville, NC. This one day training will be the initial introduction of a skills based orientation for substance abuse and mental health clinicians and supervisors. 0.6 CEUs will be awarded to participants who attend 100% of this program. For further information and to register go to: <http://www.southernregionalahec.org/professionals/pdf/CommunitySupportMarch2007.pdf> To be added to the SRAHEC mailing list go to: [https://www.southernregionalahec.org/professionals/mailling\\_list2.asp](https://www.southernregionalahec.org/professionals/mailling_list2.asp)
- The ARC of Cumberland County will present two workshops: On January 29, 2007 Dr. Katherine Toomey with the Children’s Development Services Agency will discuss identifying special needs and on February 26, 2007 Diane Crawford will discuss Effective Communication. For more information and to register call (910) 867-2141

## Training Resources, Workshops and Conferences

- The Arc of Mecklenburg and The Council for Children's Rights are sponsoring *Wrightslaw Special Ed Law & Advocacy Training* on February 27, 2007 in Charlotte. Pete & Pam Wright will present their one-day special education seminar. For further information go to: <http://www.wrightslaw.com/speak/reg/07.02.nc.flyer.pdf>
- The North Carolina Association for Persons in Supported Employment (NCAPSE) 22nd Annual Conference on Supported Employment: "**Expanding Employment through Empowerment**", will be held March 28-30, 2007 in Atlantic Beach, NC. The conference will focus on empowerment of individuals working towards achieving independence through Supported Employment. For more information please call 919-732-8124 or go to: [http://www.ncapse.org/conference\\_info.htm](http://www.ncapse.org/conference_info.htm)
- American Board of Rehabilitation Psychology, Inc. and the Division of Rehabilitation Psychology—Division 22 American Psychological Association present: **Rehabilitation Psychology 2007 9th Annual Conference**, March 16–18, 2007 in Charlotte, North Carolina. For more information go to: <http://www.apa.org/divisions/div22/RehabPsych2007Brochure.pdf>
- The Centers for Medicare & Medicaid Services (CMS) announces its 7<sup>th</sup> New Freedom Initiative Conference, "Access to Community Living: Promoting Independence and Choice" at the Baltimore Marriot Waterfront Hotel, March 5-7, 2007. The agenda will include presentations on CMS's Roadmap for Reform and perspectives from consumers and advocates. Concurrent sessions will address components of programs that promote independence and choice. For more information and to register go to: [http://www.nashp.org/catdisp\\_page.cfm?LID=EF15BBC8-AF14-4F12-9534B1F025AD7AB1&CFID=1110075&CFTOKEN=14398489](http://www.nashp.org/catdisp_page.cfm?LID=EF15BBC8-AF14-4F12-9534B1F025AD7AB1&CFID=1110075&CFTOKEN=14398489) or call **202-903-0101**
- **MARK YOUR CALENDAR!** The **2007 Conference on Developmental Disabilities - Toolbox for Transformation** will be held Monday, April 30, 2007 through Wednesday, May 1-2, 2007 in Greensboro, NC. It is presented by the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services with support from The Developmental Disabilities Training Institute, Jordan Institute for Families, and School of Social Work, University of North Carolina at Chapel Hill. For more information go to: <http://www.dhhs.state.nc.us/mhddsas/whatsnew.htm> or [http://www.unc.edu/depts/ddti/conf\\_info.html](http://www.unc.edu/depts/ddti/conf_info.html)
- Seventh Conference of the International Expressive Arts Therapy Association in conjunction with North Carolina Arts for Health presents: *The Expressive Arts and the Earth*, May 23 through May 27 at the Broyhill Inn and Conference Center Appalachian State University in Boone, NC for a brochure on the event go to: <http://www.ieata.org/main/experience/conference.html>
- MAHEC Third Annual Integrated Care Symposium Co-Sponsored with ICARE Partnership "*Two Worlds Unite: Sustaining Mental Health Care in Medical Practices*" will be held in Asheville, NC on March 15, 2007. For more information and a brochure go to: <http://www.icarenc.org/images/pdf/Two%20Worlds%20Unite%202007.pdf>

Come and learn about housing resources for individuals with mental illness, developmental disabilities and substance abuse. William H. Robinson, the Housing Specialist for Cumberland County Mental Health Center, will present at the February 5, 2007 Provider Meeting. The meeting will be held in Room 426 at 711 Executive Place in Fayetteville and will begin promptly at 3:00 pm.

### “March to Work” Job Fair

Cumberland County Department of Social Services, 1225 Ramsey Street on Thursday, March 29, 2007 from 9 a.m. – 2 p.m. Free and Open to the Public. Approximately 65+ employers are planning to attend this job fair. For more information call 677-

The Arc of Cumberland County’s *Simply Fun Summer Camp* serving children and young adults (ages 3 -21) with developmental disabilities begins June 25, 2007 and ends August 3, 2007. For more information and to register please call (910) 867-2141.

### Got News???

Items for the *Providers’ Times* should be received by Rose Ann Bryda on or before the 25th of each month for the next month’s newsletter. Submission guidelines for the Newsletter may be found on the CCMHC website.

# Just So You Know



- Safe Kids sponsors two types of safety events throughout the year: **Car Seat Checks** to be held at Target’s Parking lot: April 21, 2007 (Saturday) Hours 12-4; May 16, 2007 (Wednesday) Hours 12-4; June 2, 2007 (Saturday) Hours 12-4; September 19, 2007 (Wednesday) Hours 12-4; October 18, 2007 (Thursday) Hours 12-4; December 1, 2007 (Saturday) Hours 12-4. **Bicycle Rodeos are held at specific schools:** Pauline Jones Elementary–Thursday, March 29<sup>th</sup> (2:30 – 4:00); Cumberland Mills Elementary -Wednesday, April 18<sup>th</sup> (2:30 – 4:00); Ferguson-Easley Elementary–Tuesday, April 17<sup>th</sup> (2:30 – 4:00); Westarea Elementary-Wednesday, April 25<sup>th</sup> (3:00 – 4:30); Lloyd Auman Elementary–Thursday, May 3<sup>rd</sup> (2:30 – 4:00); J.W. Coon Elementary – Wednesday, May 9<sup>th</sup> (2:30 – 4:00) For further information contact Safe Kids of Cumberland County at: 910-433-3858.
- “You Can Ride”, a Free Publication by Easter Seals Project Action is a handy booklet that helps people who cannot read or who do not use English understand how to use public transportation. It is illustrated with step-by-step graphic instructions on how to ride the bus or para-transit. This FREE booklet depicts everything from planning a trip to exiting a bus on fixed routes and para-transit systems. To download the booklet go to: <http://projectaction.easterseals.com/site/DocServer/01PICT.pdf?docID=4390>
- A new research and treatment program is giving children with Asperger’s Disorder (AD) and their parents good reason to be optimistic. Asperger’s Disorder is a high functioning form of Autism characterized by a lack of social skills, the inability to recognize emotions in others and narrow, often obsessive interests. The intervention, called the “Connections Research and Treatment Program” is lead by members of the Autism Spectrum Disorders Research Consortium. For more information go to: <http://psychcentral.com/news/2007/01/16/new-program-for-aspergers>
- For information and a training materials on Health Information Portability and Accounting Act (HIPPA) go to: <http://hipaa.dhhs.state.nc.us/hipaa2002/education/education.html>
- For training modules and materials on Clients Rights go to: <http://www.dhhs.state.nc.us/mhddsas/training/consumerriights.htm>
- Mental Health America is the new name of the National Mental Health Association. For information, links and other resources visit their new website at: <http://www.mentalhealthamerica.net/>