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'WORKING TOGETHER TO MEET MENTAL HEALTH NEEDS'

# Providers' Times

## From Your LME

In order to be able to click on links in our newsletter to take you to a specific site, you must have the most recent version of Adobe, (Adobe 8.0). A free update is available online at the Adobe: <http://www.adobe.com/>.

### Traumatic Brain Injury Training

The Brain Injury Association of North Carolina will present **An Overview of Traumatic Brain Injury** on June 20<sup>th</sup> from 9:30 am to 12:00 pm at Cumberland County Mental Health Center, 711 Executive Place, in Room 426. This **free** training will include information on the incidence, causes and epidemiology of TBI; the differential of TBI from developmental disabilities, mental retardation, dementia, etc.; the establish history of TBI; the basic neuroanatomy of TBI; the methods of rating severity of TBI, common progression and outcomes; the neurocognitive changes often observed following TBI; and the methods of rehabilitation – medical, psychological, psychosocial. Susan Fewell and Sandra Farmer of BIANC have over 20 years of experience in the brain injury field. To reserve a spot please call Sue Staton at 222-6083 or email her at [sstaton@mail.ccmentalhealth.org](mailto:sstaton@mail.ccmentalhealth.org).

In order to best serve our community, we would like to share with them all of our community resources. We are compiling a list of providers with staff proficient in sign language, Spanish or other foreign languages and those with handicap accessible facilities. Please submit specific information relating to service, area of proficiency and staff qualifications as well as location of handicap accessible facility. For example: Community Support Paraprofessional with fluency in ASL; or Targeted Case Manager (Qualified Professional) with fluency in Spanish. Submit information to Sue Staton via email at [sstaton@mail.ccmentalhealth.org](mailto:sstaton@mail.ccmentalhealth.org).

The Behavioral Healthcare Institute, in conjunction with The NC Division of Mental Health, Developmental Disabilities, and Substance Abuse Services and the Commission for Mental Health, Developmental Disabilities, and Substance Abuse Services has been holding Workforce Development focus groups across the state. These focus groups are designed to discover the ways MH/DD/SA personnel could be better prepared to assist consumers in meeting their goals. If you have been unable to attend one of these focus groups, the Behavioral Healthcare Institute would still like to include your feedback in their findings. Please click on the link and provide your thoughts on how to improve the MH/DD/SA workforce. Educators: <http://www.surveymonkey.com/s.asp?u=303063502761>; Providers/HR Managers: <http://www.surveymonkey.com/s.asp?u=430033502816>; Trainers: <http://www.surveymonkey.com/s.asp?u=176143522591>; Consumer and Family Members: <http://www.surveymonkey.com/s.asp?u=832983523409>

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### Got News???

Items for the *Providers' Times* should be received by Rose Ann Bryda on or before the 25th of each month for the next month's newsletter. Submission guidelines for the Newsletter may be found on the CCMHC website.

## Training Resources, Workshops and Conferences:

Cumberland County CommuniCare, Inc., Cumberland County Community Collaborative, the Cumberland County Juvenile Crime Prevention Council, and the National Alliance of Faith and Justice present **Community Connection IV- Faith and Hope for Children and Youth** from 8:30 am to 4:00 pm on May 31, 2007 at the Holiday Inn Bordeaux Conference Center in Fayetteville. This 1-day event is free and is geared toward strengthening the faith community and human service community network to protect or assist vulnerable families. Come prepared to work on a community plan to strengthen our families, grow supports, and build a system of care/stronger network of caring for Cumberland County. To register for the event please go to: <http://www.cccommunicare.org/> E-mail questions or special needs to: [shemingway@cccommunicare.org](mailto:shemingway@cccommunicare.org) or call 222- 6073.

- Dr. Jannetta Jordan will present an LPC Prep Seminar for people who will be sitting for the NCE (LPC exam) on Saturday, May 26, 2007 at 2018 Hope Mills Rd., in Fayetteville. This one-day preparation workshop will help candidates properly focus their studies and study more proficiently. Call (910) 424-0972 for more information and to register.
- **Shades of Gray- Exposing the Nuances of Professional Ethical Boundaries and Dual Relationships** (This program carries four hours credit in Ethics) will be held on Thursday, May 31, 2007 from 9:00 AM to 1:15 PM at Moses Cone Hospital, 1200 North Elm Street, Greensboro, NC - Room 0030. For informational brochure and to register go to: <http://www.aheconnect.com/registration/gahec/eventdetail.asp?eventid=18912>
- NC Council Spring Policy Forum will be held June 4 and 5, 2007 at the Hilton North Raleigh in Raleigh, NC. For the informational brochure and registration information, please go to: <http://www.nccouncil.org/members/AM/Template.cfm?Section=Home&Template=/CM/ContentDisplay.cfm&ContentID=1954>
- Go to: [http://www.cphs.org/training/TIP\\_Flyer\\_June\\_07.pdf](http://www.cphs.org/training/TIP_Flyer_June_07.pdf) for the latest dates and registration information for TIP Community Support Training from the NC Council of Community Programs and the Administrative Services Organization.
- MAHEC Mental Health Education will present **The First Annual Conference on Aging: Addressing Critical Issues in healthcare for Older Adults** on June 15, 2007 in Ashville. For the informational brochure and registration information, please go to: <http://www.mahec.net/calendar/brochures/id061507.pdf>

## Training Resources, Workshops and Conferences

- The Suicide Safer Communities initiative is an important part of national and regional prevention strategies worldwide. Two trainings are available through MHA/NC to help prepare community members to intervene and prevent suicide: **ASIST (Applied Suicide Intervention Skills Training)** is a two-day, intensive, interactive workshop that teaches suicide first-aid intervention to any and all community caregivers and gatekeepers. **safeTALK** is a suicide alertness training. The “safe” stands for Suicide Alertness for Everyone. This training is a three-hour workshop to help all members of the community identify persons with thoughts of suicide and connect them with appropriate resources. For more information about the Suicide Safer Communities initiative, contact Romaine Riddle at 919-866-3272 or [riddle@mha-nc.org](mailto:riddle@mha-nc.org). Upcoming workshops include: April 18 – safeTALK in Elizabeth City; May 3 – safeTALK in Burlington; June 5 & 6 – ASIST in Rocky Mount; July 19 & 20 – ASIST in Roanoke Rapids; Sept. 20 & 21 – ASIST in Chapel Hill.
- ICARE presents a Web Conference: **An Approach to the Sad or Irritable Child: Identifying and Addressing Depression in the Primary Care Setting**, 11:00 am – noon on June 26, 2007. For registration information go to: <http://www.icarenc.org/images/pdf/Sad%20Child%20Brochure.pdf>
- ICARE presents: **An Approach to the Sad or Irritable Child: Identifying and Addressing Depression in the Primary Care Setting**, at SR-AHEC in Fayetteville, NC on June 21, 2007 from 5:30 pm - 8:30 pm. For registration information go to: <http://www.icarenc.org/images/pdf/Icare%20June%2012%2C%202007.pdf>
- Costal AHEC in cooperation with East Coast Solutions presents a series for Paraprofessional Mental Health workers in Wilmington, NC: **Basics of Supervision** on June 14; **Time and Stress Management** on June 27; and **Basics of Addiction** on July 13. For more information about these classes and/or to register online with a credit card, please go to: <http://www.coastalahec.org/edservices/pdf/paraproseries.pdf> or you may call Customer Service at 910-792-5560.
- The 2007 North Carolina Conference on Aging is scheduled for September 10<sup>th</sup> through 12<sup>th</sup>, 2007 at the M.C. Benton, Jr. Convention & Civic Center, Winston-Salem, NC. The theme in 2007 will be "**Today, Tomorrow, Together!**" For further information and to register, go to: <http://www.aging.unc.edu/ncco/index.html>
- SRAHEC will present **Clinical Supervision in Substance Abuse Settings** on June 5 & 6, 2007 at the SR AHEC office in Fayetteville. For more information and to register go to: <http://www.southernregionalahec.org/professionals/pdf/MHPFFeb-June07.pdf>
- Cross County Education presents **Bipolar: A New Slant on the Disorder**, on May 23, 2007 in Fayetteville. For more information and to register, go to: [http://www.crosscountryeducation.com/cce/seminars/program\\_details.jsp?programcode=BHBIP03](http://www.crosscountryeducation.com/cce/seminars/program_details.jsp?programcode=BHBIP03)

# Just So You Know

create art \* music \* food and fun \* petting zoo \* face painting

The spectacular art festival welcomes children with disabilities and their families to participate in an entertaining and creative environment on Saturday, June 9th, 2007 from 10: 00 am to 2:00 pm at the Dorothy Gilmore Therapeutic Recreation Center, 1600 Purdue Drive in Fayetteville. Food provided by CiCi's Pizza!

ICARENC promotes partnerships that allow for collaborative practice. Its website is a resource for health care providers who are exploring or already committed to integrated care. Their mission is to create a healthcare system that is Integrated, Collaborative, Accessible, Respectful, and Evidence-based. For information, links and resources go to: [http://www.icarenc.org/index.php?option=com\\_frontpage&Itemid=1](http://www.icarenc.org/index.php?option=com_frontpage&Itemid=1)

## MHA/NC Public Policy Updates

For public policy updates and open editorial letters, including the latest on the recent community support cuts and re-designation hearings, visit the MHA/NC advocacy page online at [www.mha-nc.org/advocacy.htm](http://www.mha-nc.org/advocacy.htm) or contact Jen Mahan, MHA/NC Director of Policy and Advocacy Initiatives, at 919-866-3270 or [jmahan@mha-nc.org](mailto:jmahan@mha-nc.org).

The May issue of **NC\* Aging** is now available to view at: <http://www.aging.unc.edu/news/newsletter/2007/2007-05.html>

The Winter/Spring 2007 Edition of the NC Division of Aging and Adult Services newsletter, **At a Glance**, is now available on line: [http://www.ncdhhs.gov/aging/pub/At\\_A\\_Glance\\_spring.pdf](http://www.ncdhhs.gov/aging/pub/At_A_Glance_spring.pdf)

### A note from Julia Bick, DHHS Housing Coordinator.....

Over the past several months DHHS, with the able assistance of our colleagues at the NC Housing Finance Agency, has distributed \$45,000 from the Real Choice Systems Change Grant to provide one time funding (deposits, first month's rent, etc.) for 133 persons transitioning from licensed residential settings to independent housing in the community. Unfortunately this source of funding has now been depleted and we will be unable to accept any more applications. Thank you all for helping us assure this assistance was made widely available and used for its intended purpose.

The Arc of Cumberland County will be hosting 'Expect Respect' as a one-week course to teach teens and young adults with developmental disabilities about dating, healthy relationships and social skills. The course will be offered June 25-29 from 8:00 am until 2:00 pm. Please call 910-867-2141 for further information.

## TRANSITIONS

For information about entering the world of work, and what youth with mental health needs should know about accommodations from the US Department of Labor, Office of Disability Employment Policy, please go to: <http://www.dol.gov/odep/pubs/fact/transitioning.htm>