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'WORKING TOGETHER TO MEET MENTAL HEALTH NEEDS'

# Providers' Times

## From Your LME

The following is from Regina Blalock, Director, SNAP Central: *"In an effort to improve NC-SNAP examiner competencies, an NC-SNAP examiner re-certification requirement is being implemented in conjunction with the launch of the web based NC-SNAP software, which will go on-line on October 3rd. The NC-SNAP examiner re-certification requirement inactivates the certification privileges of any examiner who has not completed an NC-SNAP assessment in the past fifteen months. To regain NC-SNAP assessment privileges, inactivated examiners will be required to attend NC-SNAP examiner training for re-certification prior to completing NC-SNAP assessments (please note that the NC-SNAP web based software application will not accept assessments completed by inactivated examiners). Regardless of certification date, active NC-SNAP examiners who have completed an assessment in the past fifteen months will not be affected by this change."* There has been some confusion over this directive. If you routinely administer NC-SNAPS and there has not been a lapse of 15 months since you last administered completed an NC-SNAP, you do not need to register. If you do need to register, please email the following information to Rose-Ann Bryda at [ra.bryda@mail.ccmentalhealth.org](mailto:ra.bryda@mail.ccmentalhealth.org) : Name, qualifications, title, agency, address, phone number, email address, and if you are requesting rectification, your previous NC-SNAP certification number, along with 1<sup>st</sup> and second choice of dates. For dates and locations of trainings please go to <http://www.dhhs.state.nc.us/mhddsas/ncsnap/index.htm>.

Screening, Triage and Referral at Cumberland County Mental Health's LME provides 24 hours a day, 7 days a week access to care. They receive calls from consumers, caregivers and Cape Fear Hospital's Emergency room. Often these calls concern a consumer who is being serviced by an endorsed or contracted provider with 24/7 first responder responsibility. Ideally the consumers you serve and their families should know how to reach you and know that they should call the first responder. **It is imperative that STR have your after hours crisis response numbers for each service that you provide. Please fax this information to STR at (910) 222-6121 immediately, under the heading Provider First Responder Number.**

**BLOOD DRIVE! Don't forget we will be sponsoring a Blood Drive on Wednesday, October 24<sup>th</sup> from 1:00 p.m. until 3:00 p.m. Please help us meet this critical need in Cumberland County! Call Sharon Yates at 222-6108 to sign up.**

On November 7, 2007 the Cumberland County Mental Health Center in conjunction with the National Council for Community Behavioral Healthcare and Impact Health will provide FREE comprehensive health screenings for any adult receiving any type of Mental Health service in Cumberland County. The individual does not to be a client of the Mental Health Center. We can provide up to 100 screenings. Anyone interested can sign up by contacting Sharon Yates at 222-6108. Health care providers are also welcomed to call and sign up consumers. Results from the screenings will be provided along with educational materials and details on how to follow-up on the tests

The Cumberland County Metal Health Auxiliary, Inc. (Volunteer Services) is accepting applications from case workers of consumers served by our providers for Thanksgiving and Christmas Assistance. Please submit applications for consumers who will receive **no** assistance from Salvation Army, Urban Ministries, or other non-profits as resources are limited. Applications are available from Volunteer Services (222-6155). **Christmas assistance applications are due by October 31, 2007. Thanksgiving assistance applications are due by November 9, 2007.** Pick up and delivery of food baskets for Thanksgiving is November 19<sup>th</sup> and is the responsibility of the case worker. Pick up and deliver of Christmas gifts is also the responsibility of the case worker.

Volunteer services assist individuals not only for the holidays but throughout the year. They have a clothing closet and food pantry for emergency needs and provide financial assistance for medications, clothing, food shelter, utilities, transportation, and school supplies. These services are provided to consumers and their families through contributions from the community. The Cumberland County Metal Health Auxiliary, Inc. is a 501c3 non-profit organization and **contributions are tax deductible. You may donate turkeys for Thanksgiving, adopt a family for Christmas or make monetary donations. Help us help the individuals we serve and their families.**

If you have any questions call Deborah McMillan at (910)222-6155

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Providers Relations is offering New Provider Orientation for new providers with MOAs or Contracts with the LME. Providers who are not new to our system are welcome to come as a refresher and to receive updated information. We have two sessions coming up: and **October 25<sup>th</sup>, 2007 at 2:00 pm.** Call or email Rose-Ann Bryda @ 910-222-6074; [rbryda@mail.ccmentalhealth.org](mailto:rbryda@mail.ccmentalhealth.org) let her know how many people are coming from your agency.

## Training Resources, Workshops and Conferences:

- 1st Annual Conference offered by the Art Therapy Institute: **Conversations of the Body: Psychotherapy and Art Therapy for Eating Disorders, Psychosomatic Illness and Self Injury** will take place on Saturday, October 27th, 2007 at the Lucy Daniels Foundation 9001 Weston Parkway, Cary, NC. This all day workshop includes didactic and experiential components with two panels of experienced art therapists. For more information and registration, visit: <http://www.ncati.org/conference.html>
- For the November dates and registration information for TIP Community Support Training from the NC Council of Community Programs and the Administrative Services, go to: <http://www.nccouncil.org/members/AM/Template.cfm?Section=Home&Template=/CM/ContentDisplay.cfm&ContentID=2185>. For information and registration on the **2007 Fall Conference and Exhibition - Business Realities and Clinical Values: Finding a Balance**, December 10-12 at Pinehurst Resort Country Club in Pinehurst NC sponsored by the NC Council of Community Programs, go to: <http://www.nc-council.org/Members/AM/Template.cfm?Section=Home>
- **The 9th Annual Carolinas Conference on Addiction and Recovery** will be held October 30<sup>th</sup> through November 2<sup>nd</sup>, at [Sheraton Chapel Hill](#) in Chapel Hill. This conference is jointly presented by: The Bowles Center for Alcohol Studies, University of North Carolina, Chapel Hill and Addiction Recovery Institute, Tryon, NC. For more information and to register please go to: <http://www.addictionrecoveryinstitute.com/ccar/index.html> or <http://www.addictionrecoveryinstitute.org/>
- The Brain injury Association of North Carolina and Wake AHEC present **Brain Injury 2007: Where We've Been and Where We're Going** on November 9<sup>th</sup>, 2007 and November 10<sup>th</sup>, 2007 at The Friday Center in Chapel Hill, NC. For a more information, to download the conference brochure and to register on line go to <http://www.wakeahec.org/coursecatalog/brochures/tbi07.pdf> or call Wake AHEC at Call 919-350-8547 or toll-free 1-866-341-1814.
- **The Collaborative Family Healthcare Association 9th Annual Conference** will be held November 8<sup>th</sup> through 10<sup>th</sup>, 2007 at the Crowne Plaza Resort in Asheville, North Carolina. For detailed session information, go to: [www.mahec.net/cfha](http://www.mahec.net/cfha). This conference is for medical and mental health providers including clinicians, psychologists, teachers, researchers, and administrators who seek collaborative solutions to the complex challenges of patient care.
- **20th Statewide Community Support/Targeted Case Management Conference** will be held at the Benton Convention Center in Winston Salem, NC. The Pre-Conference is November 6<sup>th</sup>, 2007; the Conference is November 7<sup>th</sup> and 8<sup>th</sup>, 2007. This conference is presented by the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services. The conference sessions will highlight the skills and knowledge necessary to provide high quality Community Support/Targeted Case Management as well as any updates to these services. For a brochure on the conference go to <http://northwestahec.wfubmc.edu/brochures/071106.pdf> ; For registration instructions, go to <http://northwestahec.wfubmc.edu/brochures/21294RegInstructions.pdf> ; For website registration, go to: [https://northwestahec.wfubmc.edu/learn/courseware/index.cfm?event\\_pk=21294](https://northwestahec.wfubmc.edu/learn/courseware/index.cfm?event_pk=21294)
- Training Seminar **Creative Arts in Counseling**, sponsored by Wake Forest University Department of Counseling & the Pi Alpha Chapter of Chi Sigma Iota International Honor Society, will be held on Friday, November 9<sup>th</sup>, 2007 at Wake Forest University. Dr. Sam Gladding will be the presenter. For a brochure on this seminar, go to: <http://www.wfu.edu/counseling/pdf/creativityseminar.pdf>
- **Asperger's Syndrome, High Functioning Autism, & Related Disorder**, a workshop Co-sponsored by: CenterPoint Human Services; Wake Forest University School of Medicine; and Northwest Area Health Education Center (AHEC) will take place on Thursday, November 15, 2007 at the Embassy Suites Winston-Salem, NC. The workshop will be led by the Internationally Recognized Authority on Asperger's and Autism: Dr. Fred R. Volkmar. For a brochure, go to: [http://www.cphs.org/Providers/News/Friday%20Emails/092107/Fred\\_Volkmar\\_Brochure\\_Mailer\\_for\\_internal\\_printing\\_and\\_posting.pdf](http://www.cphs.org/Providers/News/Friday%20Emails/092107/Fred_Volkmar_Brochure_Mailer_for_internal_printing_and_posting.pdf)
- The Behavioral Healthcare Institute is sponsoring two presentations of a free training **Know Your Rights Training (SA Recovery)**. The first is in Asheville, NC at Mountain Bridge Building, 501 Biltmore Ave Adjacent to Mission Hospital on 11/9/2007. The second is in Charlotte, NC at University City United Methodist Church, 3835 West W. T. Harris Boulevard on 11/12/2007. For more information go to: [http://www.abcsignup.com/view/view\\_month.asp?as=60&wp=144&aid=BHRP](http://www.abcsignup.com/view/view_month.asp?as=60&wp=144&aid=BHRP)
- **Critical Solutions for challenging Populations 2007 Conference** sponsored by the Caswell Center will be held on November 1<sup>st</sup> and 2<sup>nd</sup>, 2007 at The Caswell Center Leisure Activity Center in Kinston, NC. For a conference brochure go to: [http://www.caswellcenter.org/2007\\_Conference\\_Brochure.pdf](http://www.caswellcenter.org/2007_Conference_Brochure.pdf)

# Training Resources, Workshops and Conferences

- Five modules of the School Mental Health Training Series are now available online. The continuing education credit is available. Go to <http://www.aheconnect.com/smhp/default.asp> to access the course.
- The Licensed Professional Counselors Association of North Carolina (LPCANC) will be holding an **Ethics Training Workshop** on Friday, November 9, 2007 - 9:00a to Noon at Cardinal Clinic, 1540 Perdue Drive, Fayetteville. The presenter will be Kathleen Fitzgerald M.Ed, LPC. Attendance will meet the three hour ethics training requirement specified by the NCBLPC for the upcoming licensure renewal cycle. To register go to: <http://www.lpcanc.org/events/ethics110907print.pdf>
- The Hispanic/Latino Outreach program of the Mental Health Association (MHA/NC) will hold its Annual Conference for Latino Women in NC, **Success and the Power of Your Mind**, at the McKimmon Center in Raleigh on November 10, 2007. For information and to register contact Nora Hernandez at 919-866-3276 or [nhernandez@mha-nc.org](mailto:nhernandez@mha-nc.org).
- APNC Regional Training: **Anger and the Chemically Dependent Client** will be held on November 16, 2007 at Myrover-Reese Fellowship Home, 560 Wilkes Road, Fayetteville. Lorraine Bilodeau, Cardinal Clinic will be the presenter. Call 1-800-723-4851 to register.
- Mountain Area Health Education Center (MAHEC) announces 12 credit training: **Seeking Safety: Therapy for PTSD and Substance Abuse**. The training will take place on November 5-6, 2007 in Asheville, NC. For more information and a brochure go to: <http://www.mahec.net/calendar/brochures/mh110507.pdf> (MAHEC) presents **Assessment of Suicidal Intent and Lethality** on Tuesday, November 13, 2007 at 501 Biltmore Ave., Asheville, NC. For an informational brochure: <http://www.mahec.net/calendar/brochures/mh111307.pdf>
- The Brain Injury Association of America and the American Academy for the Certification of Brain Injury Specialists, are presenting a David L. Strauss Memorial lecture, entitled **Focus on TBI: Government Affairs Update**, by Laura Schiebelhut, BIAA Public Affairs Manager. It will be held November 14, 2007, at 3:00 pm Eastern, and will last about an hour. There is a fee **per phone line** for attendance at the lecture. You may register by using the order form found at <http://aacbis.net/documents/GovernmentAffairsRegistrationForm.pdf> via fax or mail. Prior to the teleconference, registered participants will receive, via email, instructions for dialing in to the call and lecture materials. If you have any questions, please contact: **Marianna Abashian** at 703-584-8636
- The 19th Annual Leo M. Croghan Conference on Developmental Disabilities will be held Monday, December 3, 2007 at the Sheraton Imperial Hotel, Research Triangle Park, NC. 6 hours of content (0.6 CEU, 6 contact hours, 6 Category A Contact Hour for Psychologists, and 6 hours Infant Toddler Credit, ASHA credit for speech pathology is pending.) Go to: <http://www.wakeahec.org/> or call Wake AHEC at 919-350-8547 for more information
- Coastal AHEC presents **Health Law and Ethics Update 2007** on Thursday, November 1, 2007 at UNCW Executive Center, 1241 Military Cutoff Road, Wilmington, NC. For an informational brochure, please go to: <http://www.coastalahec.org/edservices/pdf/health%20law%20and%20ethics.pdf>

- 2007 - 2008 Clinical Lecture Series (CLS) School of Social Work, UNC - Chapel Hill has already begun. Below is a list of the remaining lectures. All CLS events take place on Mondays, from 12 noon to 2:00pm at the Tate-Turner-Kuralt Auditorium of the School of Social Work at the University of North Carolina at Chapel Hill located at 325 Pittsboro Street. Arrive at 11:30 for meet and greet reception and catered refreshments. Register for events at [http://ssw.unc.edu/jif/cls](http://ssw.unc.edu/jif/cls/v1.01). For more information see <http://ssw.unc.edu/jif/cls>.
  3. Monday, November 12, 2007 Psycho spiritual Care for Bereaved Children, Youth, and Families Tonya D. Armstrong, PhD, MTS
  4. Monday, January 14, 2008 - [Notice date change due to MLK holiday] Ethics and End of Life Care Laura Hanson, MD, MPH
  5. Monday, February 18, 2008 How Do We Treat Perpetrators? The Ethics of Working with Sex Offenders Melissa Grady, PhD, MSW, LCSW
  6. Monday, March 17, 2008 [Notice date change due to Easter] Using Transference and Counter-transference David Freeman, MD
  7. Monday, April 21, 2008 Steps to More Powerful Groups Bohdan Hrynewych, MSW, LCSW, LCAS.

# Just So You Know



An area management company has **five one and two bedroom apartments** available to people with Mental Health Disabilities, Developmental Disabilities, and/or Substance abuse disabilities. The initial criteria is one must have a disability. Please call the CCMHC Housing Specialist, **William H. Robison**, at 222-6105 for more information.

Assistance with medication for uninsured or underinsured individuals may be found through **Partnership for Prescription Assistance**. This is a national program aimed at connecting uninsured and underinsured people with any patient assistance programs that might meet their needs. The individuals you serve can see if they qualify, by calling, the partnership at (888) 477-2669 or by going to [www.pparx.org](http://www.pparx.org). An individual may be able to receive assistance through the **Cumberland County Medication Access Program**. This organization helps low income residents who have chronic diseases and no insurance coverage for their prescriptions. For more information call (910) 433-3602 or go to [www.ccmmap.org](http://www.ccmmap.org). Another source of assistance is the **Together Rx Access Program**. This program provides discounts on many medications to members who are not eligible for Medicare, who have no prescription drug coverage and who meet household income requirements. For more information, call (800) 444-4106 or check [www.TogetherRxAccess.com](http://www.TogetherRxAccess.com)

## Got News???

Items for the *Providers' Times* should be received by Rose Ann Bryda on or before the 25th of each month for the next month's newsletter. Submission guidelines for the Newsletter may be found on the CCMHC website.

Moses Mathias, aka the Bicycle Man will hold two fundraisers this fall to buy a permanent shop. They will be \$6-a-plate barbecues and both will start at 10:00 am and will last through the afternoon. The first will be held on October 27, 2007 at Hood Memorial AME Zion Church, 2801 Rosehill Road; and the second one will be held on November 10, 2007 at Mr. Mathias' home. 624 Platinum Street, off Rosehill Road. Mr. Mathias said he intends to give away 650 bicycles to needy children at 9:00 am December 23 from the shop he is leasing at 3469 Black & Decker Road. The charitable program accepts old bicycles, repairs them and gives them away. Children must sign up through their social worker at school. Sign ups begin November 1, 2007

The new Records Management and Documentation Manual has been posted on the public website:  
[http://www.dhhs.state.nc.us/mhddsas/statspublications/manualsforms/aps/apsm\\_serv-record-manual-10-07.pdf](http://www.dhhs.state.nc.us/mhddsas/statspublications/manualsforms/aps/apsm_serv-record-manual-10-07.pdf)

Cover memo for Service Records Manual:  
[http://www.dhhs.state.nc.us/mhddsas/statspublications/manualsforms/aps/apsm\\_serv-record-manual-memo-10-07.pdf](http://www.dhhs.state.nc.us/mhddsas/statspublications/manualsforms/aps/apsm_serv-record-manual-memo-10-07.pdf)

U.S. Department of Health & Human Services' website: **Take a Stand. Lend A Hand. Stop Bullying Now!**

(<http://www.stopbullyingnow.hrsa.gov/index.asp?Area=tipsforkids>) has a wealth of information about bullying and its prevention. It is a website for both children and adults. There are answers to the questions: What is bullying? **Why do kids bully?** There are lists of **signs that you bully others** and the **effects of bullying**. What you can do whether **you are being bullied**, **you have seen kids being bullied**, or you're pretty sure **you have bullied others**. For **kids** there are games and activities including **Webisodes & characters**: Watch animated webisodes and get more info on the entire *Stop Bullying Now! animated characters! Meet the youth expert panel, a group of 9-through-13-year-olds that helped create this campaign. Play online games based on the Stop Bullying Now! Characters*. For **adults** there is a resource data base; materials for families, and materials for educators. There is a workshop pod cast, information on cyber bullying and girls and bullying.

If you represent a **community-based group** or coalition interested in helping to publicize and draw attention to our campaign in your area, but need a little help getting started, please see the *Stop Bullying Now! Communications Kit*. *The Communications Kit contains brochures and posters that can be mass-produced and distributed in your area, as well as public service announcements that local print, radio, and television media can use.* If you represent a **media outlet** wishing to run our public service announcements in your market, you encouraged to access downloadable versions of **print PSAs** or preview and order broadcast quality copies of **radio and television PSAs**.

If you are a **parent, health and safety professional, teacher or school administrator**, or someone else looking to learn more about bullying and strategies for effective prevention and intervention, you can start with **Step by Step Guide** or check out the **prevention tips and resources** page featuring tips and facts from the campaign Resource Kit as well as informative video workshops. The tip sheets not only offer information that will help all adults to better recognize this problem, they outline tips and highlight best practices that will allow individuals from many different backgrounds to support children who have been bullied and reduce and prevent bullying behavior and we encourage you are encouraged to reproduce and distribute them.