

SMART START PARENTING TRAINING

Behavior Management Training for Parents with Children Ages 0-5



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Who is this program for?

- ❖ Parents of children ages birth to 5 years
- ❖ Parents with children who are having behavioral difficulties at home, at school, or in daycare
- ❖ Parents who would like to spend less time on discipline and more time enjoying their children's company
- ❖ Parents who wish to develop a set of child-focused communication strategies that will increase self-esteem and establish a basis for effective, positive family communications for life

When is it?

February 1 – 24, 2011
August 2 – 25, 2011

April 5 – 28, 2011
October 4 – 27, 2011

Every Tuesday & Thursday

Morning & Evening Sessions available: 10 AM – Noon OR 6 PM – 8 PM

Where?

Cumberland County Mental Health Child & Youth Center –
Child & Family Services
711 Executive Place, Suite 415, 4th Floor

Registration is required. Please call (910) 222-6414 for dates & times.

There is no fee for this class!

A limited number of childcare slots is available!



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