



Cumberland County Mental Health Center Child Respite Center is now open!

The Roxie Avenue Community Respite Unit will provide periodic respite for a family or family substitute on a temporary basis. Overnight respite will be provided as well as respite for less than twenty four (24) hours on a day or an evening basis at the Roxie Avenue Facility. It is the policy of the Roxie Avenue Community Respite Unit at Cumberland County Mental Health Center that all persons seeking admission who meet established admission criteria will be treated with respect and offered equal access without discrimination. The purpose of establishing admission criteria is to safely serve the greatest number of individuals within their community setting. Everyone being considered for admission to the Unit will have a screening to determine appropriateness. Referral for evaluation does not imply admission.

Factors that will influence decision for admission to the Roxie Avenue Community Respite Unit will include but not be limited to:

- Needs, strengths and presenting challenges as stated by consumer, guardian and/or Complete psychosocial assessment, including mental status examination
- Current medication regime
- Current consumer mix of the unit (i.e. ages, acuity)
(Exceptions to criteria will be the exclusive prerogative of the facility.)

General criteria for Admission to the Roxie Avenue Community Respite Unit

- 5-14 years of age
- Legal guardian's consent for treatment
- Family/care provider/guardian willing to participate in recommended disposition planning from the facility
- Capacity to participate and benefit from respite
- Willing and able to agree to the Unit safety contract
- Capacity to participate and benefit from respite services
- Presence of Axis I or Axis II diagnosis
- Recipient's level of functioning has not been restored or improved and may indicate a need for clinical interventions in a supervised, non-hospital setting
- Recipient's family /caregiver is in need of respite from caring for the individual to be able to reduce risk for out of home placement, hospitalization, and/or institutionalization
- Child is clearly inappropriate for more restrictive services

Exclusionary Criteria: Medical

The presence of any condition requiring acute inpatient medical, surgical or nursing care including but not limited to:

- Current problems with severe hypertension, tachycardia, or fever
- Current change in level of consciousness or severe somnolence
- Current presence of chest pain, trouble breathing, or gastrointestinal bleeding
- Current vomiting, fainting, or abdominal pain
- History of liver failure
- TB history without health department clearance
- Supplemental oxygen
- Post-surgical state
- Post-ictal state
- Need of routine nursing, wound or IV care
- Presence of state of full delirium tremens due to alcohol withdrawal
- Presence of infectious disease that will require isolation procedures
- Eating disorder with severe weight loss and/or refusal to eat
- Acute reactive airway disease
- Presence of new or preexisting medical condition that will require the starting and/ or adjustment of non-psychotropic medications.

Exclusionary Criteria: Psychiatric

- Suicidal ideation/Suicidal plan
- Homicidal ideation/Homicidal plan
- Self mutilating
- History of sexual perpetrator behavior
- Current auditory/visual hallucinations
- Inability to perform routine activities of daily living functions without assistance
- Current explosive outbursts with no response to re-direction
- Lack of parental/guardian consent

The Program Director will or Designee will access the consumer. You may contact the Roxie Unit at 222-6000 or 222 6025. After hours, nights and weekends family/guardians will contact the Access unit at (Toll free) 1-877-223-4617 for instructions.

**Referral for evaluation at Roxie Avenue Child Care/Respite Unit
does not imply admission.**