

CFAC MINUTES 08/14/2008

CUMBERLAND COUNTY CONSUMER AND FAMILY ADVISORY COMMITTEE
(CFAC)

Members Present: Paula B., Bert B., Joan H., Louis G., Lillie H., Alejandro V., Ellen B., Elizabeth R., Sheila L.

Guest Present: LaVern O., J. Jerrell H.

Staff Representation: Phyllis P., Leshonda H., Nathania H., Eric F., Latoya C.

Presenter & Topic	Discussion	Action
Welcome, Introductions	The meeting was called to order at 5:40p.m. by CFAC Chair Alex V. Two visitors attended the August 14, 2008 meeting. LaVerne O. introduced himself as Substance Abuse (SA) , Developmentally Delayed (DD) and Mental Health(MH) family member and has provided services through a private company for over twenty years. Jerrell H. introduced himself as an employee in the SA field. August 14, 2008 minutes were reviewed.	Both visitors were given CFAC membership applications and informed that members were needed to represent SA and DD.
Review and Approval of Minutes	Ellen B. explained that in regards to immediate access to services for children in crisis contact should first be made with Respite (910-323-0601 if space is unavailable or the wait is too long then Therapeutic Home Services should be contacted next. Joan H. clarified that there is a need for help with co-pay and deductible fees for consumers with private insurance that receive services from private providers. A motion was made by Bert B. to approve	Follow-up for rules on private providers accepting consumers with private insurance was made.

	the minutes and seconded by Ellen B.	Amendments were notated and will be added to August 14, 2008 minutes.
Information Sharing	<p>The committee discussed billboard ideas and Elizabeth R. asked if there could be a continued use of the old billboards. Alex V. commented that he was not sure but did invite any new ideas.</p> <p>Lillie H., Sheila L. and Eric F. shared their experiences at the July 29, 2008 Eastern Regional CFAC Meeting. There were several speakers; Social Security Administration, voter registration and others. There was a goal to create an action plan for the gaps and needs that were generated at the April 2008 Eastern Regional CFAC Meeting but due to time limitations the groups prioritized them by importance. Eric F. informed the committee that he believed transportation appeared to be a concern for every group. The next Eastern Regional CFAC Meeting will be held in Johnston County.</p> <p>Alex V. shared that he got a copy of the Red Book that explained social security benefits from the Eastern Regional Meeting and that he wanted to get copies for CFAC members.</p> <p>Eric F. informed the committee that the deadline to comment on the revisions of the 23 Service Definitions is August 17, 2008.</p> <p>Lillie H. expressed her frustration with being informed that she</p>	<p>Alex V. will follow-up with Sharon Yates of CCMH to see if the old billboards could still be used.</p> <p>Lillie H. will call Social Security Administration at 1-800-772-1213 and request 25 copies of the Red Book and have them mailed to CCMHC.</p>

	<p>will soon be discharged from the PSR Program.</p> <p>Ellen B. made a recommendation that the LME be asked if the continuity of services can be tracked and how. It was suggested that tracking could be done through billing since providers are required to register consumers with Utilization Management Utililization Review (UM/UR). The committee and staff discussed other concerns such as the waiting period between a request for services from a provider and consumers’ first appointment.</p> <p>Bert B. reported that incidents for out of county clients’ were down to 18.6% during the last Quarterly Incident Report. This is a considerable decline from the usual 30 to 40% out of county incidents. He also shared an article about CommuniCare in the August 6-12 Up and Coming Weekly publication that was copied and distributed to the committee.</p> <p>Ellen B. discussed T-MAC (Teens Making A Change) a group that falls under CommuniCare. She informed everyone that the group is made up of 50 to 60 kids from ages 7 to 19 that meet at CCMHC every Tuesday night. She also shared that a major meeting between the school system and providers was held due to providers and legal guardians not showing up to register children that are in out of home placement into school.</p> <p>Committee members discussed the pros and cons of stipends for</p>	<p>Nay H. informed will follow-up on tracking request regarding services.</p>
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	CFAC members to attend meetings. No resolution was made during the meeting.	
Handouts and Discussion	<ul style="list-style-type: none"> • NCDHHS 8-13-08, Purchasing Specialized Equipment and Supplies for CAP-MR/DD Waiver Recipients, memorandum • NCDHHS 8-01-08, Trend exploration related to substance abuse services, memorandum • NCDHHS Communication Bulletin #096, 2008 CFAC Training • NCDHHS 8-08-08, FY2008-2009 State Psychiatric Hospitals Utilization Plan • NCDHHS 8-05-08 memorandum and Housing Needs Survey • Relational Agreement Draft • 4th Qtr. 07-08 MHANC Information and Referral Line Report; Cumberland County LME • Consumer Empowerment Team Field Offices as of June, 2008 • Community News, July 31, 2008 • June 2008 Monthly Report on Community Support Services • National Association of Peer Specialists conference information • MHA/NC Headline News • Be Your Own Boss; Free Informational Session flyer • Consumer Handbook; Updated Cumberland County 	*Please read all handouts *

	information on pages 3 and 10	* Please read all handouts *
Strategies and Objectives - Communication with Area Board	<p>Alex V. presented a draft of the Relational Agreement Between Cumberland County Area Board, Its Local Management Entity for MH/DD/SA Services And The Cumberland County Consumer and Family Advisory Committee. In the draft there is a request for an appointed non-voting seat for the CFAC chair or co-chair. There was a clarification that arrangements must be made in advance to be placed on the agenda to speak at the Area Board Meeting. Ellen B. suggested that the CFAC chair or co-chair make arrangements to be placed on the agenda quarterly (at a minimum) to speak at the Area Board meeting to discuss CFAC's concerns and issues. Bert B. suggested that the legislator elect a CFAC member to the CC Area Board and Louis G. suggested that a letter be drafted requesting that every LME Board have representation from thier CFAC on their Area Board. The committee was advised that the CC Area Board meets the first Wednesday of every month at 5:15p.m. in room 124 at the CCMHC.</p> <p>Housing Update -The Housing Survey must be filled out on line or returned to William H. R. before September 30, 2008. The survey addresses housing needs for consumers. If there are any questions William H. R. can be reached at 910-222-6106. Extra copies were given out to members and guest to pass out in the community.</p>	<p>Members were asked to review the draft and contact Alex V. with thier suggestions, concerns and/or corrections indicating the page number via e-mail or in writing by next Friday.</p> <p>The issue will be discussed at August 28, 2008 meeting (if time permits).</p>

	<p>Elizabeth R. reported that she followed-up with Amy Cannon, assistant with County Commissioners' office, in regards to the issue with nurses at Roxie. Ms. Cannon contacted John Holmes, CCMHC HR Director, and was informed that Roxie is fully staffed. Elizabeth R. questioned if that was at a cap of 13 beds or at a full capacity of 16 beds and Ms. Cannon stated that she was not sure. Elizabeth R. wants to make sure that they are working at full capacity. She will have information at next meeting.</p>	
Next Meeting	<p>Meeting adjourned at 7:05p.m. The next meeting will be held August 28, 2008 at 5:30p.m. Guest speaker, Vicki Smith, will a discuss Disability Rights.</p>	<p>Members were asked to have questions prepared for the speaker before they arrive for the meeting.</p>